

# Where are we now and why is this research necessary?

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# Background to the research

Traditionally, there have been problems with embedding psychosocial interventions into routine practice

- Fadden (1997) and the Meriden project (n=59)
  - 70% reported using approach
  - Mean No. of families seen = 1.7
  - 8% of the group had worked with 40% of the families
- Brooker (2001) and PSI
  - Review of the literature

# Barriers

- Attitudinal – learners not ‘buying-in’ to the new idea
- Organisational – lack of support from managers
- Role conflict – is this my job?
- Fidelity/integrity to the ‘model’
- Insufficient supervision
- Morale – actually reduces following a period of training



Ask each other....

Do you recognise any of these barriers  
in your own area of work?



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“...it may be a waste of time, energy and financial resources to train staff in this manner without first addressing the changes that are necessary in the systems within which they work, to enable them to implement these interventions.”

Fadden (1997)



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# Enablers (Tarrier et al, 1999)

- Organisational
- Course design
  - short courses inadequate,
  - skills based training,
  - robust clinical supervision built into course,
  - do not underestimate the complexity of the skill being taught.
- Training 'in situ' or 'needs led' training

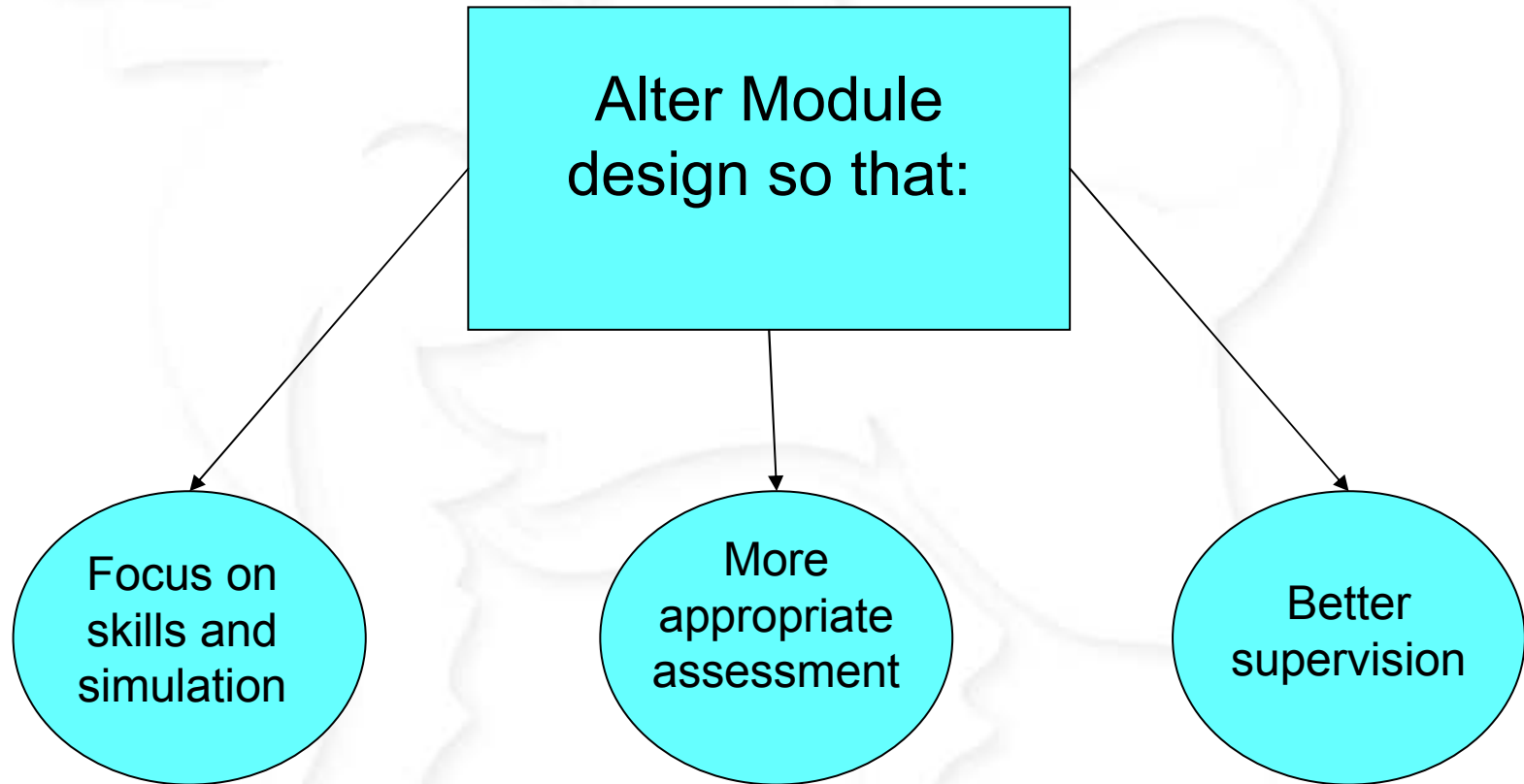
# What we want to learn today

- Has the same thing happened with the 'Hearing Voices' Module
- If so, why?
- If not, why not?
- How can we change the module to bridge the so-called 'theory-practice' gap?

# This Morning...

- 4 focus groups
- Randomized
- Your group should be on your name badge
- List at the back of the room
- Semi-structured questions
- Tape recorded
- Please allow others to speak – try not to talk over each other
- All comments welcomed!

# Where next?



# Recovery Based Working with Voice Hearers – Principles, Interviewing and Coping Strategies

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# Recovery Based Working with Voice Hearers – Principles, Interviewing and Coping Strategies

The next delivery of this module commences on Wednesday 29<sup>th</sup> October 2008 at Birmingham City University.

The module runs for 7 weeks, each Wednesday, from 10am-3pm

# Recovery Based Working with Voice Hearers – Principles, Interviewing and Coping Strategies

Key themes include:

- The problem with the medical explanation for schizophrenia, and credible alternatives
- An introduction to the hearing voices work of Marius Romme and Sandra Escher
- Using the Maastricht Interview Schedule to construct the voice hearer's story
- Identifying and applying useful coping strategies
- Setting up groups for voice hearers
- Overcoming barriers to implementing new ways of working