



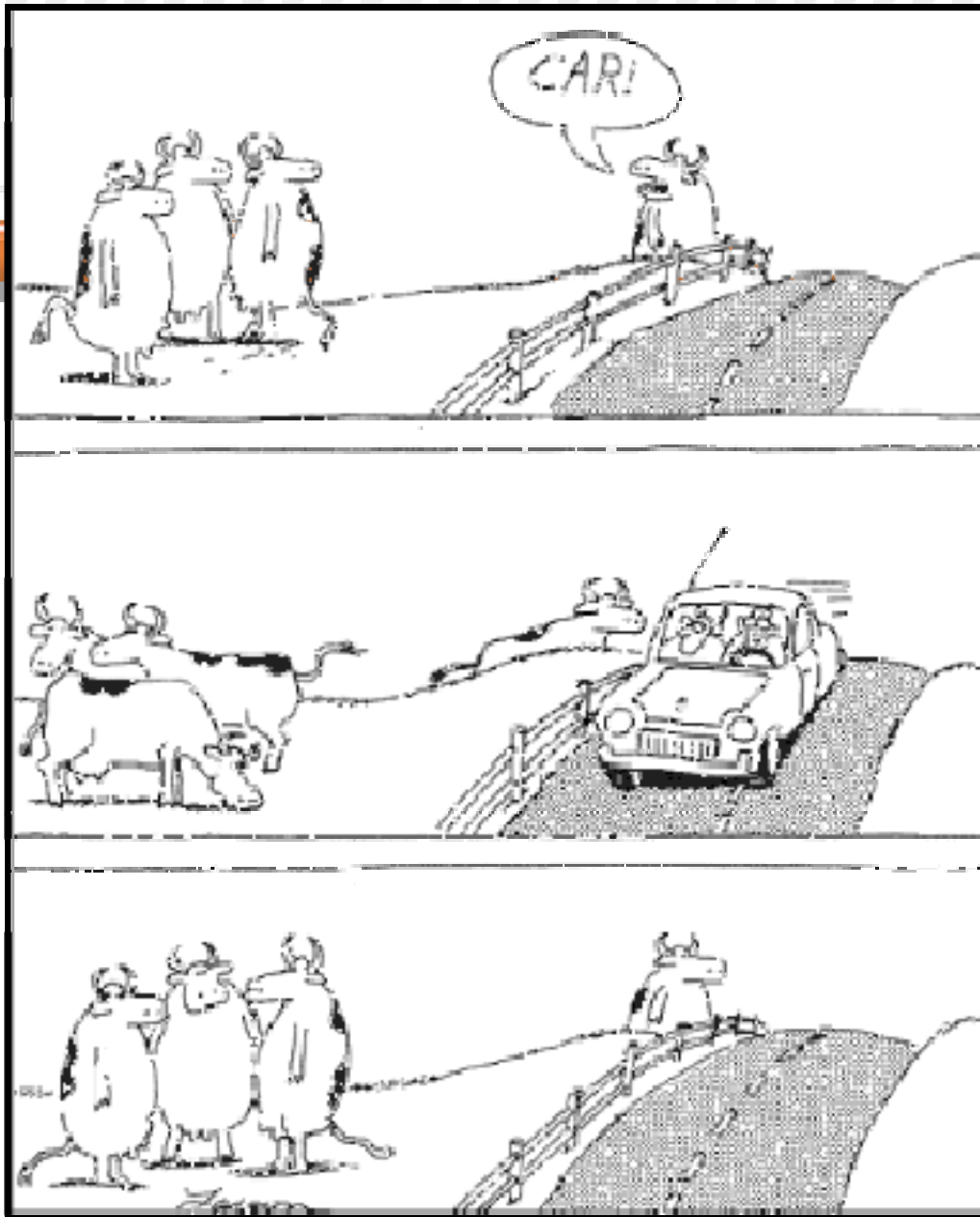
Experienced Involvement

Two years EU- funded Pilot Project

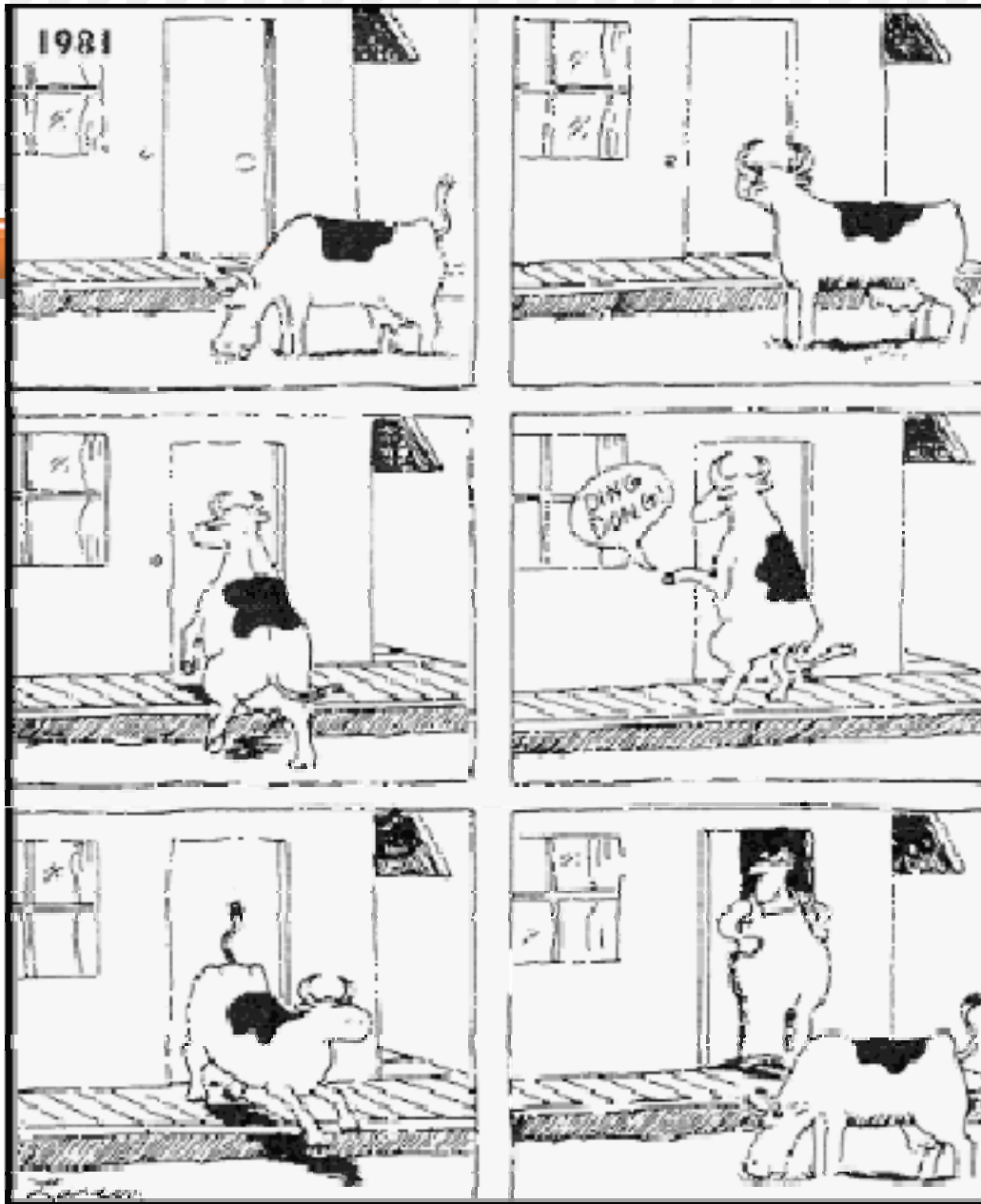
Jörg Utschakowski

WHY Experienced Involvement?

- **To discover the hidden and not recognized knowledge....**



- 
- **To discover unexpected resources....**



Zur Anzeige wird der QuickTime™
Dekompressor „TIFF (LZW)“
benötigt.

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Purpose of the Project

- To strengthen the influence of experienced people on the mental health care system
- To contribute to more satisfying and less discriminating services
- To support experienced people to lead a self determined life

EX-IN

Experienced involvement

- EU funded project
 - Norway
 - Sweden
 - UK
 - Netherlands
 - Slovenia
 - Germany



Education and Culture

Leonardo da Vinci



AIMS

- Development of a training, enabling people with experience in mental health distress:
 - To reflect and structure their experience and to develop I-knowledge
 - To exchange I-knowledge with other experienced and to develop we-knowledge
 - To use the we-knowledge as a resource to support development of individuals and groups
 - To apply supportive attitudes, skills, methods and tools to work as a peer-supporter or as a trainer

Products

- Web-site www.ex-in.info
- Manual: Improving involvement of experienced people
- Curriculum
- 10 modules (Empowerment, Recovery and chronicity, dialog, experience and participation, peer advocacy, health promotion, voice hearing module, assessment, peer support, teaching)

Material

- Audio- visual CD
- Film
- Interactive game
- textbook

Why qualification

- Improvement of skills and abilities
- To give the „illness“ an individual and collective sense
- Development of experienced knowledge (we-knowledge)
- Improvement of explanations and methods
- Improvement of status (qualification, income)

Problems ?

- Non-professional professionalism
- Deformation of experiences
- Limited excess to working fields
- Tokenism
- Cheap staff
- Missing networks
- Concurrence